



2024 Safety Awareness Plan (ASAP)

RALEIGH HILLS LITTLE LEAGUE

OREGON DISTRICT 4

LEAGUE ID# 043-70-405

Nick Colasurdo, President

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Raleigh Hills Little League

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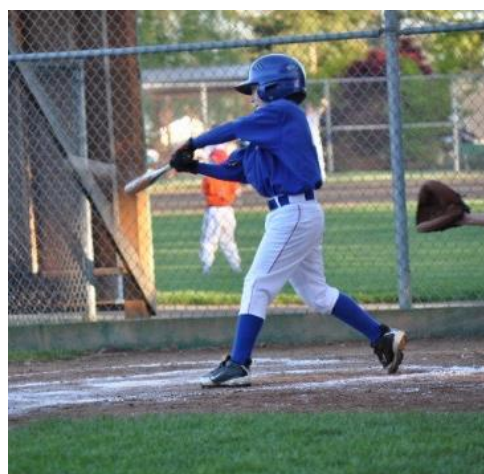
2. HOW TO USE THIS SAFETY AWARENESS PLAN

Raleigh Hills Little League (RHLL) prepares this Safety Awareness Plan (ASAP) each year as required by Little League Baseball (LLB). The Plan covers key safety areas relevant to League operation and game play, including fields and facilities, equipment, practice and game activities, and food handling.

To ensure the safety of players, volunteers, and spectators, Raleigh Hills Little League requires that all coaches, managers, umpires, and other League volunteers read, understand, and comply with the requirements of this Plan. An electronic copy of the plan can be found on the RHLL website (www.rhllbaseball.com).

3. SAFETY IS EVERYONE'S JOB

Above all, prevention is the key to keeping accidents to a minimum. Finding and resolving safety issues before they can cause an accident or injury is everyone's job – coaches, managers, other volunteers, and even players. Report all hazardous conditions to the Safety Officer or a Board member immediately. Don't play on a field that is not safe or with unsafe equipment. Be sure your players are fully equipped at all times, especially catchers and batters. Check your team's equipment often, and replace or repair as needed.



4. KEY CONTACTS

Raleigh Hills Little League has and will continue to have a Safety Officer as a member of its Board. The Safety Officer is active and listed on file with Little League International ("LLB"). Other key official contacts are as follows:

In case of emergency, call 911 right away.

Non-emergency Portland Police: 503-823-3333

Non-emergency Beaverton Police: 503-526-2260

4.1. RHLL BOARD OF DIRECTORS CONTACT INFORMATION

Name	Board Position	Phone	E-Mail
Nick Colasurdo	President	503-201-3608	colasurdo.nick@gmail.com
Darren Gillenwater	Vice President	503-830-6702	darren.gillenwater@gmail.com
Rik Miller	Safety Coordinator	971-901-6701	millerik78@gmail.com
Brandon Greenley	Treasurer	503-915-6194	bgreenley@yahoo.com
Wayne Berry	Equipment Coordinator	503-313-1747	wjsberry@gmail.com
Kevin Lyons	Secretary	503-734-6261	kevinmlyons@gmail.com
Matt Smith	Player Agent	503-913-5009	haddenscott@gmail.com
Lenny Glinisky	Umpire In Chief/Umpire Scheduler		
Liz Delapoer	Communications Coordinator	503-560-0942	liz.delapoer@gmail.com
Justin Stephens	Scheduling/Field Coordinator/THPRD Liaison	541-579-1619	juse_stephens1@yahoo.com
Jeff Albright	Uniform Coordinator	503-317-8977	jalbright@hotmail.com
Tenell Dietzman	Registration Coordinator	503-899-9743	ltcaptain@hotmail.com

5 VOLUNTEER SAFETY

Managers, coaches, board members and any other persons, volunteers or hired workers, who provide regular services to the league and/or have repetitive access to or contact with players or teams must fill out application form as well as provide a government-issued photo identification card for ID verification. Anyone refusing to fill out a Volunteer Application is ineligible to be a league member.

Prior to participating in Raleigh Hills Little League as a manager, coach, or assistant coach, all adults must pass a comprehensive criminal background screening. This screening will determine any previous convictions involving the use, possession, or sale of a controlled substance within the last 10 years; a crime involving the use or threatened use of violence, or a crime involving a minor child at any time.

All managers and coaches must complete annual safety training on prevention and emergency management of baseball & softball injuries. Managers are also required to attend an annual managers' meeting at which safety considerations are discussed.

All managers will receive an annually-updated RHLL Managers Guide that includes play and safety guidelines for each level of play, additional information about LLB and RHLL, and contact information. We entrust managers and coaches to be familiar with the safety guidelines and to enforce the safety guidelines at all practices and games. This includes the proper use of catcher's gear, including throat protectors, and helmets at all practices, warm-ups and games.

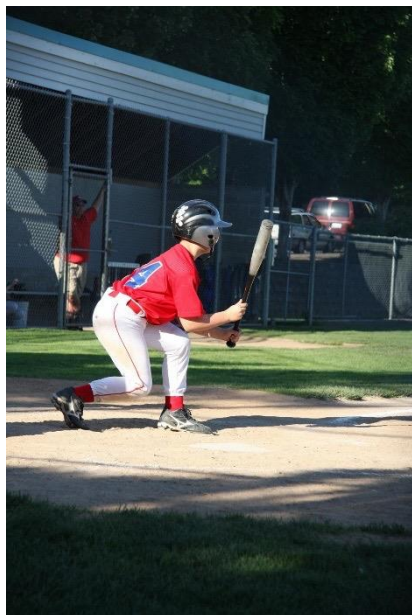


All players' medical emergency consent forms are to be kept on hand by managers and coaches.

Practices or games may not proceed without a RHLL-registered manager or coach present.

Volunteers for the 2024 season must complete and submit an application form similar to the one shown in section 13.1.

6. TRAINING FOR VOLUNTEERS



6.1. REQUIRED FUNDAMENTALS TRAINING

RHLL will provide coaching fundamentals (e.g. hitting, sliding, fielding, pitching, etc.) training likely at Garden Home Rec Center on a date and time that is TBD. Directions to be sent separately to coaches and managers. While this training is open to all managers and coaches, and we hope all coaches and managers attend, ***at least one coach or manager from each team is required to attend.***

6.2. REQUIRED FIRST-AID TRAINING

RHLL will provide free first-aid training for all coaches and managers on **TBD**...via Remote Methods. ***One coach or manager from each team is required to attend.*** Licensed medical doctors, licensed registered nurses, licensed practical nurses, and paramedics are not required to attend. If an individual in one of these professions will satisfy the “one coach or manager from each team” requirement for your team, you must inform the League Safety Officer prior to the

scheduled first-aid training.

Alternative arrangements can be made through the league Safety Officer for those that cannot attend this training. It should be noted that all alternative arrangements have a reasonable fee to be paid by the participants. Proof of attendance at alternative arrangements must be presented as requested by the RHLL Board.

6.3. REQUIRED CONCUSSION TRAINING

Oregon Concussion Law requires all coaches of youth athletic teams to receive annual training and education about concussions, how to recognize symptoms and how to seek proper medical treatment. It also restricts the return of players to games or practices who show signs of concussions until they have been cleared by a medical professional. RHLL follows Oregon Concussion Law.

Concussions can and do happen. Consider this story from one of our RHLL families:

Our daughter sustained a concussion while playing soccer a couple of years ago. It affected her academics, personality and social life, for several months. A striker, she was hit w/ the ball under her chin, as it was cleared by a defender. She didn't lose consciousness but she didn't feel or look right. Her coach didn't pull her, she pulled

herself out. The event and her subsequent recovery was an education for all. She has recovered (it is kind of hard to tell sometimes as she is a teenager J), but she doesn't play soccer anymore, she rows. Her league has a concussion protocol in place today.

One thing we learned is the importance of having a baseline measurement of cognitive ability, then you have an absolute measure of deviation from the norm. As a parent I would support any youth sport that institutes this as a matter of procedure, this is an opportunity for Little League to take the lead over other youth sports.

7. SAFETY OF OUR FIELDS AND FACILITIES

7.1. EDUCATION

The League Safety Officer and the League Field Coordinator use LLB ASAP materials to become educated regarding common field and facility safety concerns. The Safety Officer educates all managers and coaches regarding typical field and facility safety concerns. The Safety Officer teaches all managers and coaches how to conduct a field inspection prior to practices and games.

7.2. COMPLIANCE

The Safety Officer inspects all fields and facilities prior to the beginning of the season. This safety information can be found in the RHLL Facility Survey

Managers, umpires and coaches must review the field prior to practices and games. Remove any debris, litter, and hazards in order to provide a safe venue for play.

We do not currently have any contracted concession vendors. In the event we start that practice again any volunteers at concession stands during RHLL games and activities will be under the direct supervision of concession personnel.

7.3. REPORTING

Managers are instructed to notify RHLL's THPRD field coordinator of unsatisfactory field conditions. The field coordinator, in turn, contacts Tualatin Hills Parks & Recreation District regarding any safety issues at any fields or facilities that are maintained by them.

8. SAFETY OF CONCESSION STANDS AND FOOD HANDLING

8.1. EDUCATION

Raleigh Hills Little League does not currently own, operate or contract with a snack wagon or concession stand.

8.2. HAND WASHING

Although Raleigh Hills Little League does not currently own, operate, or contract with a snack wagon or concession stand it is always important to remind folks of proper hand washing techniques as follows:

Always wash hands before:

- Starting your shift
- Handling Food

Always wash your hands after:

- Using the bathroom
- Coughing or sneezing
- Handling money
- Touching raw foods

8.3. FOOD HANDLING

Raleigh Hills Little League does not currently own, operate or contract with a snack wagon or concession stand that would require Food Handling.

8.4. EQUIPMENT

Raleigh Hills Little League does not currently own, operate or contract with a snack wagon or concession stand.

9. SAFETY OF OUR EQUIPMENT

9.1. EDUCATION

The Safety Officer and the Equipment Coordinator use LLB ASAP materials and other sources to become educated regarding common equipment safety concerns and equipment standards.

9.2. COMPLIANCE

The Equipment Coordinator inspects all RHLL provided equipment prior to the beginning of the season and discards/destroys and/or replaces equipment that is in poor condition or does not meet safety standards.

First Aid kits are located in the field lockers at each RHLL field. First Aid kits are restocked at the beginning of the season. Kits are also provided to each team Manager. First Aid kits are required at all practices and games and can be restocked by contacting the Equipment Coordinator or Safety Coordinator.

The managers, coaches and umpires should inspect equipment before each use to ensure proper condition. Report damaged equipment by contacting the Equipment Coordinator.

Face shields for helmets are allowed at all levels and mouth guards are encouraged. Safety soft balls are used at T-ball and A-ball levels.

No bats are to be swung anywhere except the plate. No practice swings are allowed inside or outside the dugout. On-deck batters are prohibited with the exception of Juniors Division (13 year olds).

There will be other safety-related rules laid out in coaches' and managers' handbooks. All players and parents are expected to respect and adhere to these rules.



10. ACCIDENT REPORTING PROCEDURE

In case of an accident or medical emergency, managers, coaches, and umpires must do the following FIRST:

1. Administer First Aid. Call 911 immediately if appropriate under the circumstances. If in doubt, err towards calling.
2. Contact the player's parent/guardian if they are not present. If unavailable, contact the player's emergency contact, available from RHLL.
3. Attend to any crowd control issues or concerns.
4. Following the incident, notify league Safety Coordinator.
5. Talk to your team about the situation.

Consult the first aid booklet about return to play guidelines. A physician's clearance to return to play is appropriate in the event of any injuries requiring medical care or in the case of suspected concussion.

10.1. WHAT TO REPORT

Report any incident that causes any player, coach, manager, umpire, volunteer or spectator to receive emergency EMT or medical treatment. Please also report "near misses" and instances in which first aid is required. These reports help RHLL identify measures that can be taken to prevent reoccurrence or reduce hazards.

10.2. WHEN TO REPORT

All reportable incidents should be reported to the Safety Officer within 24 hours.

10.3. HOW TO REPORT

Call the Safety Officer. He or she will assist you regarding any forms to be completed and information needed. The Safety Officer will follow-up with the injured party if needed.

- RHLL Safety Officer: Rik Miller Phone 971-901-6701 or millerik78@gmail.com
- RHLL President: Nick Colasurdo Phone 503-201-3608 or colasurdo.nick@gmail.com

The league Safety Officer is to review all accidents and injuries with the Board monthly, or sooner if more serious.

11. COMMUNICABLE DISEASE PROCEDURE

If an injury results in bleeding, the bleeding must be stopped, any open wounds covered, and uniform changed if there is blood on it before play is continued. Gloves should be used when blood or body fluids are present (gloves are in First Aid kit). Immediately wash hands/skin after contact with bodily fluids. Clean blood-contaminated surfaces & equipment. Store mouth pieces, uniforms, etc., in plastic bags for cleaning at home. Place all blood-contaminated first aid items in a sealed bag and throw in trash (bags are in First Aid kit).

Managers, coaches, and volunteers with open wounds should refrain from all direct contact with others until condition is resolved.



12. APPENDICES

12.1. VOLUNTEER APPLICATION FORM



Little League® Volunteer Application – 2024
Do not use forms from past years. Use extra paper to complete if additional space is required.

This volunteer application should only be used if a league is manually entering information into JDP or an outside background check provider that meets the standards of Little League Regulations 1(c)9. THIS FORM SHOULD NOT BE COMPLETED IF A LEAGUE IS UTILIZING THE JDP QUICKAPP. Visit LittleLeague.org/Local8@check for more information.

A COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIFICATION MUST BE ATTACHED TO COMPLETE THIS APPLICATION.

All RED fields are required.

Name _____ Date _____
First Middle Name or Initial Last

Address _____

City _____ State _____ Zip _____

Social Security # (mandatory) _____

Cell Phone _____ Business Phone _____

Home Phone: _____ E-mail Address: _____

Date of Birth _____

Occupation _____

Employer _____

Address _____

Special professional training, skills, hobbies: _____

Community affiliations (Clubs, Service Organizations, etc.): _____

Previous volunteer experience (including baseball/softball and year): _____

1. Do you have children in the program? ☐ Yes ☐ No
If yes, list full name and what level? _____

2. Special Certification (CPR, Medical, etc.)? If yes, list: _____ ☐ Yes ☐ No

3. Do you have a valid driver's license? ☐ Yes ☐ No
Driver's License#: _____ State _____

4. Have you ever been charged with, convicted of, plead no contest, or guilty to any crime(s) involving or against a minor, or of a sexual nature? ☐ Yes ☐ No
If yes, describe each in full: _____
(If volunteer answered yes to Question 4, the local league must contact Little League International.)

5. Have you ever been convicted of or plead no contest or guilty to any crime(s)? ☐ Yes ☐ No
If yes, describe each in full: _____
(Answering yes to Question 5, does not automatically disqualify you as a volunteer.)

6. Do you have any criminal charges pending against you regarding any crime(s)? ☐ Yes ☐ No
If yes, describe each in full: _____
(Answering yes to Question 6, does not automatically disqualify you as a volunteer.)

7. Have you ever been refused participation in any other youth programs and/or listed on any youth organization ineligible list? ☐ Yes ☐ No
If yes, explain: _____
(If volunteer answered yes to Question 7, the local league must contact Little League International.)

In which of the following would you like to participate? (Check one or more.)

☐ League Official ☐ Umpire ☐ Manager ☐ Concession Stand
☐ Coach ☐ Field Maintenance ☐ Scorekeeper ☐ Other _____

Please list three references, at least one of which has knowledge of your participation as a volunteer in a youth program:
Name/Phone _____

IF YOU LIVE IN A STATE THAT REQUIRES A SEPARATE BACKGROUND CHECK BY LAW, PLEASE ATTACH A COPY OF THAT STATE'S BACKGROUND CHECK. FOR MORE INFORMATION ON STATE LAWS, VISIT OUR WEBSITE: LittleLeague.org/8gStateLaws

AS A CONDITION OF VOLUNTEERING, I give permission for the Little League organization to conduct background check(s) on me now and as long as I continue to be active with the organization, which may include a review of sex offender registries (some of which contain name only searches which may result in a report being generated that may or may not be me), child abuse and criminal history records. I understand that, if appointed, my position is conditional upon the league receiving no inappropriate information on my background. I hereby release and agree to hold harmless from liability the local Little League, Little League Baseball, Incorporated, the officers, employees and volunteers thereof, or any other person or organization that may provide such information. I also understand that, regardless of previous appointments, Little League is not obligated to appoint me to a volunteer position. If appointed, I understand that, prior to the expiration of my term, I am subject to suspension by the President and removal by the Board of Directors for violation of Little League policies or principles.

Applicant Signature _____ Date _____
If Minor/Parent Signature _____ Date _____
Applicant Name (please print or type) _____

NOTE: The local Little League and Little League Baseball, Incorporated will not discriminate against any person on the basis of race, creed, color, national origin, marital status, gender, sexual orientation or disability.

LOCAL LEAGUE USE ONLY:

Background check completed by league officer _____ on _____

System(s) used for background check (minimum of one must be checked):

Review the Little League Regulation 1(c)9 for all background check requirements

☐ JDP (Includes review of the U.S. Center of SafeSport's Centralized Disciplinary Database and Little League International Ineligible/Suspended List) *

OR

☐ National Criminal Database check ☐ U.S. Center of SafeSport's Centralized Disciplinary Database and Little League International Ineligible/Suspended List

☐ National Sex Offender Registry

*Please be advised that if you use JDP and there is a name match in the few states where only name match searches can be performed you should notify volunteers that they will receive a letter or email directly from JDP in compliance with the Fair Credit Reporting Act containing information regarding all the criminal records associated with the name, which may not necessarily be the league volunteer.

Only attach to this application copies of background check reports that reveal convictions of this application.

☐ Proof of completion of Abuse Awareness Training for Adults provided to league

Last Updated: 10/25/23